



CLIENT SAFETY GUIDELINES FOR COSMETIC TATTOOING

For the safety of both our clients and staff, please review the following criteria to ensure you are eligible for a tattoo procedure

YOU MAY NOT BE SUITABLE FOR TREATMENT IF YOU:

1. Are under the age of 18
2. Are pregnant or breastfeeding (unless breastfeeding has ceased for at least 3 months)
3. Are under the influence of drugs or alcohol
4. Have had surgery in the area within the past 6 months
5. Have had cosmetic enhancements like filler or Botox within the past 2 months
6. Are using prescribed Retin-A (Tretinoin) or strong Retinol products on the skin
7. Are prone to keloid scarring
8. Have skin pigmentation disorders
9. Are allergic to topical anaesthetics (lidocaine, tetracaine, epinephrine)
10. Are allergic to any of the ingredients in the tattoo pigments
11. Are taking blood-thinning medication (must be stopped 24 hours before your appointment, with medical advice)
12. Are taking blood antibiotics, aspirin or ibuprofen (must be stopped 24 hours before your appointment)
13. Have diabetes (a GP approval letter is required)
14. Have glaucoma (a GP approval letter is required)
15. Have any blood-borne infections (e.g. HIV)
16. Suffer from severe skin conditions in the area (e.g. eczema, psoriasis) please notify your technician
17. Have had any removal treatments in the area within the past 6 weeks
18. Have had eyebrow or eyelash transplantation in the procedure area

If you're unsure about any of the above or have questions, feel free to reach out — we're here to help guide you safely through the process.



LEADING UP TO THE PROCEDURE

BROWS

1. Avoid waxing, lamination or tinting/dyeing your brows for at least **2 weeks** prior to your appointment.
2. Discontinue use of **Retinol** or **Retin-A (tretinoin)** at least **2 weeks** before your appointment.
3. Refrain from any **facial peels** within **2 weeks** of your appointment.

LIPS

1. Begin applying a **hydrating lip balm** (we recommend the Laneige Lip Sleeping Mask) after every meal and after brushing your teeth, starting **1 week prior** to your appointment.
2. If you have a history of cold sores, consult your GP for a prescription antiviral (e.g. **Valtrex**). This should be taken **2 days before, on the day of and 2 days after** your procedure. If you've **never had a cold sore**, we still recommend taking an antiviral as a precaution to prevent potential outbreaks.
3. Avoid any **facial peels** within **2 weeks** of your appointment.

EYELINER

1. Discontinue use of **eyelash growth serums** at least **2 weeks** before your appointment.
2. All **eyelash extensions must be removed** prior to your appointment – Need help removing them? We offer a **lash removal service for \$35**, please let us know in advance so we can schedule accordingly.

ON THE DAY OF PROCEDURE

LIPS

- Apply a hydrating lip balm every **30 minutes** to keep lips soft and well-moisturised.

EYELINER

- Wear glasses – please **do not** wear contact lenses to your appointment.

ALL PROCEDURES

1. Avoid **coffee and alcohol** on the day of your appointment.
2. Do **not apply makeup** on or around the treatment area.
3. If you experience any **infections** or **skin condition flare-ups** near or on the treatment area, please notify your technician **as soon as possible** so we can reschedule your appointment.
4. Failure to notify us **within 24 hours** of your appointment may result in the **forfeiture of your deposit** and a new deposit will be required to rebook.

NUMBING CREAM



HOW TO ORDER YOUR NUMBING CREAM

As per Australian regulations, numbing cream must be prescribed by a pharmacist or medical professional, as your technician is not licensed to do so. The required anaesthetic **cannot be purchased over the counter** and is a prescription-only product.

Please make sure to order your prescription at least **one week** before the procedure. This numbing cream will be used for **your initial appointment** and **any other applicable appointments**.

Cost: \$34.90 for the anaesthetic + \$10 express postage and handling

Total: \$44.90

Delivery to Clinic: Please select to have the prescription **sent directly to the clinic**. This ensures it's ready for your appointment and helps avoid any issues with forgetting or misplacing it.

To order your numbing cream, please complete the **online Patient Care Checklist** via the link below:

→ [Topical Anaesthetic Patient Care Checklist](#)

Why this form is important:

- 1. Pharmacist Approval & Dispensing:** The form provides essential details about your treatment date and clinic location, allowing the pharmacist to safely dispense the product and ensure it arrives on time.
- 2. Keperra Compounding Pharmacy** has now integrated the **payment and patient checklist** to streamline the process and prevent delays.
- 3. Safety Screening:** The pharmacist will review your information to ensure the anaesthetic is suitable and safe for use. They may contact you if they have any concerns or need additional information.

Thank you for your cooperation in following this process—it helps ensure your treatment is safe, smooth and compliant with Australian healthcare standards.

BUREAU OF BEAUTY