

AFTERCARE

- 1. Use a **fresh pillow case** or place a **fresh towel** down before bed.
- 2. Stay **hydrated** by drinking plenty of **water**.

PLEASE AVOID

- 1. Avoid **washing** your **face** the night of removal.
- 2. Avoid **sleeping** on your **face** for 3 days.
- 3. Avoid **direct sunlight** whenever possible, but if you must be in the sun, wear a **hat** for added protection.
- 4. **Do not apply any products** to your brows during the healing phase including: disinfect, healing creams, skincare, an eye mask etc.
- 5. **Picking** at the scabs let it naturally heal to avoid infection.