

STEP 1

After 24 hours

1. Fold a **clean tissue** in half horizontally, then fold again.
2. **Dampen the tissue with water** and gently place it over your brows.
3. **Soak your brows for at least 15 minutes, twice a day minimum.**
4. Discard the tissue after each use.

For best results, allow the tissue to **dry naturally and fall off**. The more frequently you keep your brows hydrated, the faster the healing process.

STEP 2

After 72 hours

1. Continue to soak your brows using a **clean, damp tissue** for 15 minutes.
2. After soaking, use **two damp cotton pads** to gently move in circular motions over the brows.
3. Dispose of both the tissue and cotton pads after use.

Some **light crusting may begin to shed naturally**—avoid using force. This step can be repeated **up to twice daily** until all crusting has fallen off.

PLEASE AVOID

1. **Do not forcibly exfoliate** the area: Avoid picking, scratching or rubbing crusting. If itchy, gently **pat** the area with clean hands.
2. **Do not apply any products** to the tattooed area, including: Disinfectants, Vaseline, petroleum jelly, tattoo balms, healing creams or gels etc.

Avoid for a week

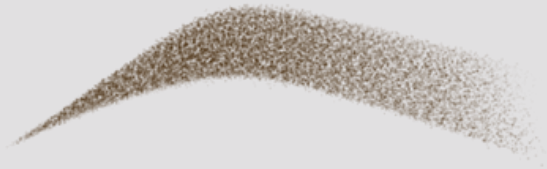
1. Cleansers or skincare products directly on the tattoo
2. Swimming pools, saunas, the beach or any excessive moisture
3. Direct sun exposure (**wear a hat outdoors**)
4. Makeup on or around the tattoo
5. Exercise or activities that cause sweating
6. Sleeping on your face

HEALING PROCESS

BUREAU OF BEAUTY

DAY 0

Freshly tattooed



DAY 1-2

Dark & Tight phase



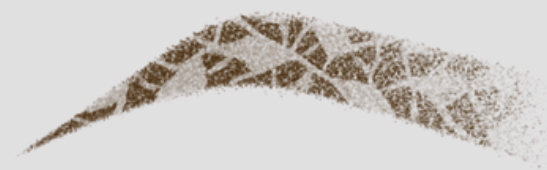
DAY 3-4

Crusting phase



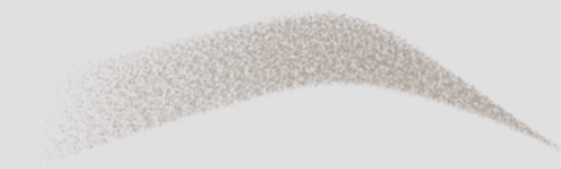
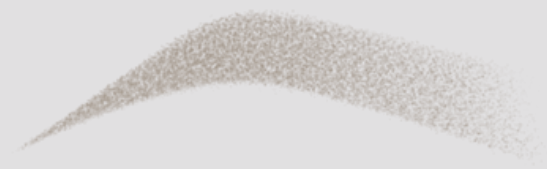
DAY 5-6

Shedding phase



DAY 7-10

Ghosting phase



DAY 11-28

Pigment Resurfacing phase

